

The Army Female Boxing Team will be holding a two week Selection Camp for the 2010 ABA Championships from 18th to 29th January 2010. This year's camp will be held in Aldershot at the 27 Regt, RLC boxing gym. The training camp will be headed up by the Army Female Team Coach Cpl Kris Lang.

All those interested in attending are to contact Capt Lydia Ratcliffe via the following:

Email: lydiar@armymail.mod.uk

Mil (Until 11th Nov only) 94873 3266

Mobile: 07850 140214

Work Phone (from the 1st Dec only) 01962 887 077

Those wishing to attend should apply the following information:

Regt No:

Corps:

Regt:

DOB:

Boxing Weight (if boxed previously):

No of bouts and number of wins:

Contact Tel No:

Contact Email address:

Name of Commanding Officer:

All those wishing to attend must ensure that they have approval from their CoC. Boxing cards and medicals should also be up to date for the 2009/10 boxing season. The camp is designed for any Army Female, regardless of experience to attend. The next stage after the selection camp will be a 6 week training camp prior to the ABAs.

If you have any further questions relating to the above then please do not hesitate to contact the undersigned or Cpl Kris Lang on 07908 135 806 or email krislang69@hotmail.com.

Kindest Regards

Lydia Ratcliffe

L RATCLIFFE

Capt

Army Female Boxing Representative

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