

HEALTH AND SAFETY BRIEFINGS

The following areas must be covered as part of Health and Safety to all participants reporting to the respective areas of the Rhein Garrison Introduction to Fly Fishing day:

CASTING

Trip hazard due to uneven ground.
Cuts, Scratches and grazes from surrounding area possible
Do not touch any unusual objects found on the area.
Remain within the teaching vicinity
Be aware of other people casting and their lines
Report any accidents to your Instructor
Eye Protection must be worn
Transition between casting and Fishing – Road
Nearest First Aid

FISHING

Trip hazard due to uneven ground surface
Scratches and grazes from objects or plant life
Stay away from the water edge unless supervised by an Instructor
Always wear a life jacket before approaching the waters edge
Maximum of 3 people only in a boat
Everyone in a boat will wear life jacket and eye protection
Danger of drowning
Danger from fish hooks
Transition between bank and Boat
Report any accidents to your Instructor
Nearest First Aid

Medical

Initial – Treat at the scene with available medical stores
Follow up – Medical Centre at JHQ on 3333
Urgent – Civilian Ambulance on 112