

BRITISH ARMY (GERMANY) POWERLIFTING CHAMPIONSHIPS 2009

08-Jul-09

Body Wt	WEIGHT CLASS	RANK	NAME	AGE	UNIT	BEST SQUAT Kgs	BEST BENCH Kgs	BEST DEADLIFT Kgs	TOTAL Kgs	SWARTZ/MALONE FORMULA	POINTS TOTAL	WEIGHT CLASS POSITION	OVERALL POSITION
69.2	Under 75Kg	LCpl	Aron Butler	23	9/12 Lancer	90	110	120	320.0	0.7101	227.2	3	12
69.3		Tpr	Callum Green	20	9/12 Lancer	110	110	165	385.0	0.7092	273.0	2	5
70.1		Spr	Chris Carr	25	35 Engr Regt	80	70	135	285.0	0.7022	200.1	4	19
71.5		LCpl	Andrew Lumley	24	35 Engr Regt	140	100	195	435.0	0.6906	300.4	1	2
78.0	Under 82.5Kg	Spr	Mike Alderson	21	35 Engr Regt	130.0	85.0	155.0	370.0	0.6448	238.6	4	10
78.4		Spr	Peter Smith	23	35 Engr Regt	95.0	85.0	150.0	320.0	0.6424	205.6	7	17
78.7		Tpr	James Farrant	22	QDG	115.0	95.0	162.5	372.5	0.6405	238.6	3	9
79.7		LCpl	Anthony Hill	24	35 Engr Regt	85.0	90.0	160.0	335.0	0.6347	212.6	6	14
79.8		Cpl	Chris Hastings	23	101 Pro Coy	120.0	117.5	185.0	422.5	0.6341	267.9	2	7
80.5		Hldr	John Picken	22	4 Scots	115.0	122.5	140.0	377.5	0.6301	237.9	5	11
81.2		LCpl	Larry Clynes	22	35 Engr Regt	105.0	Failed	150.0	0.0	0.6262	0.0		
81.7		WO2	Ronnie Dunn	36	4 Scots	130.0	122.5	180.0	432.5	0.6235	269.7	1	6
84.6	Under 90Kg	LCpl	Gary Arnold	23	9/12 Lancer	115.0	115.0	135.0	365.0	0.6088	222.2	1	13
89.8		Cpl	Thomas Hughes	25	QDG	90.0	110.0	160.0	360.0	0.5861	211.0	2	15
93.0	Under 100Kg	Sgt	Paul Owen	30	QDG	180.0	137.5	210.0	527.5	0.5744	303.0	1	1
94.0		Tpr	Terry Giles	23	QDG	117.5	80.0	155.0	352.5	0.5710	201.3	2	18
94.8		Cpl	Larry Sharp	28	4 Scots	100.0	80.0	160.0	340.0	0.5685	193.3	3	20
98.9		LCpl	Gary Blane	22	4 Scots	70.0	80.0	155.0	305.0	0.5568	169.8	4	21
103.0	Under 110Kg	Hldr	Gifton Chao-Banda	28	4 Scots	140.0	140.0	205.0	485.0	0.5475	265.5	1	8
113.7	Under 125Kg	Sgt	Jason Davies	30	QDG	100.0	95.0	200.0	395.0	0.5326	210.4	2	16
123.5		Capt	Giles Powell	40	QDG	150.0	147.5	230.0	527.5	0.5231	275.9	1	4
138.5	Under 145Kg	Cpl	Darren Fry	28	Hq 1 Sig Bde	170.0	175.0	225.0	570.0	0.5050	287.9	1	3
FEMALE LIFTERS													
73.3	Under 80KG	LCpl	Aston Evans	21	4 Scots	40	35	80	155.0	0.7265	112.6	2	3
77.5		Cfn	Paula Robinson	20	2 Bn Reme	75	60	100	235.0	0.7047	165.6	1	1
80.9	Under 90Kg	Pte	Amy Dennis	21	7 Regt RLC	30.0	40.0	100.0	170.0	0.6829	116.1	1	2
FEMALE GUEST LIFTERS													
69	Under 70Kg	Mrs	Kate Powell	44	Dep (QDG)	60	35	80	175.0	0.7658	134.0	1	2
80.2	Under 90Kg	Cpl	Elisa Riley	30	DDS (RAF)	70.0	40.0	100.0	210.0	0.6873	144.3	1	1
GUEST BENCH PRESS LIFTER													
67.5	Under 67.5	Sgt	Scott McConnell	33	QRH	n/a	140.0	n/a	140.0	n/a			