

BRITISH ARMY (GERMANY) POWERLIFTING CHAMPIONSHIPS 2010

23-Jun-10

Body Wt	WEIGHT CLASS	RANK	NAME	AGE	UNIT	BEST SQUAT Kgs	BEST BENCH Kgs	BEST DEADLIFT Kgs	TOTAL Kgs	POINTS TOTAL	WEIGHT CLASS POSITION	OVERALL POSITION
67.5	Under 67.5Kg	Sig	Holdsworth	20	7 Sig Regt	100	100	160	360.0	261.3	1	6
68	Under 75Kg	Tpr	Humphrey	20	QDG	80	80	105	265.0	191.1	3	15
70.2		Tpr	Appleby	20	QDG	45	55	110	210.0	147.9	4	17
72.6		Spr	Adams	23	28 Engr Regt	95	85	160	340.0	231.9	1	12
75		Cpl	Hinton	32	QDG	75	85	135	295.0	196.0	2	14
79.7	Under 82.5Kg	LCpl	Roberts	24	QDG	100.0	90.0	110.0	300.0	190.4	3	16
79.5		Tpr	Lapping	21	QRH	102.5	90.0	165.0	357.5	227.3	2	13
79.7		Tpr	Ryland	22	QRH	105.0	95.0	170.0	370.0	234.8	1	11
89.7	Under 90Kg	Cpl	Keenan	31	28 Engr Regt	140.0	120.0	180.0	440.0	258.1	3	7
84.9		Spr	Griffiths	23	ARRC Sp Btn (RE)	120.0	130.0	160.0	410.0	249.0	5	9
87.0		Cpl	Balch	22	1 Bn REME	120.0	120.0	205.0	445.0	266.0	2	4
89.7		Cpl	Russell	27	QRH	125.0	127.5	195.0	447.5	262.5	1	5
88.8		LCpl	Whitnall	26	1 ADSR	130.0	125.0	180.0	435.0	256.7	4	8
95.7	Under 100Kg	SSgt	Hughes	38	QDG (APTCI)	115.0	130.0	185.0	430.0	243.3	1	10
113.8	Under 125Kg	Sgt	Unsworth	37	AGC (Att QDG)	162.5	120.0	217.5	500.0	266.3	2	3
122.0		Capt	Powell	41	QDG	135.0	140.0	235.0	510.0	272.8	1	2
143.9	Under 145Kg	Cpl	Fry	29	628 NATO Sigs Tp	185.0	177.5	230.0	592.5	295.7	1	1
FEMALE LIFTERS												
72	Under 80KG	Cfn	Moore	19	3 Bn REME	42.5	60	120	222.5	153.2	1	1
GUEST LIFTER												
86.5	Under 90Kg	Mr	Scaife	31	NAAFI (Att QDG)	155.0	135.0	187.5	477.5	238.3	1	1