

## BRITISH ARMY (GERMANY) PUSH AND PULL CHAMPS 2010

28/04/2010 Dempsey Barracks, Sennelager

- SUCCESSFUL LIFT
- FAILED LIFT

<u>Body Wt</u>	<u>Wt Class</u>	<u>RANK</u>	<u>LAST NAME</u>	<u>UNIT</u>	<u>BENCH 1</u>	<u>BENCH 2</u>	<u>BENCH 3</u>	<u>BEST BENCH</u>	<u>DEAD 1</u>	<u>DEAD 2</u>	<u>DEAD 3</u>	<u>BEST DEADLIFT</u>	<u>TOTAL KGs</u>	<u>Swartz Coef</u>	<u>POINTS TOTAL</u>	<u>OVERALL POSITION</u>
63.1	67.5	TPR	REILY	QDG	70	<del>80</del>	<del>80</del>	70	90	100	<del>115</del>	100	170.0	0.7729	131.4	14
63.5	67.5	SGT	McCONNELL	QRH	125	130	140	140	165	175	185	185	325.0	0.7682	249.7	1
73.0	75kg	LCPL	EZEL	28 ENGR REGT	95.0	102.5	<del>110.0</del>	102.5	150.0	160.0	170.0	170.0	272.5	0.679	185.0	5
74.3	75kg	TPR	TROMANS	QRH	60.0	70.0	<del>80.0</del>	70.0	90.0	100.0	120.0	120.0	190.0	0.669	127.2	15
74.4	75kg	TPR	CROFTON	QDG	80	90	<del>95</del>	90	100	120	130	130	220.0	0.669	147.1	12
76.6	82.5kg	TPR	LAPPING	QRH	70.0	82.5	<del>90.0</del>	82.5	90.0	105.0	130.0	130.0	212.5	0.654	138.9	13
81.0	82.5kg	TPR	RYLAND	QRH	90.0	95.0	<del>105.0</del>	95.0	120.0	135.0	150.0	150.0	245.0	0.627	153.7	11
85.3	90kg	LCPL	SAWYER	28 ENGR REGT	100.0	105.0	<del>115.0</del>	105.0	150.0	170.0	180.0	180.0	285.0	0.606	172.6	7
86.8	90kg	CPL	RUSSELL	QRH	100	110	112.5	112.5	140	160	<del>170</del>	160	272.5	0.599	163.1	8
86.9	90kg	LCPL	WALKER	28 ENGR REGT	110	115	117.5	117.5	170	180	185	185	302.5	0.598	181.0	6
87.7	90kg	CPL	HUGHES	QDG	100.0	105.0	112.5	112.5	130.0	140.0	155.0	155.0	267.5	0.595	159.1	10
91.5	100kg	LCPL	McNELLIS	28 ENGR REGT	160.0	<del>167.5</del>	167.5	167.5	200.0	225.0	235.0	235.0	402.5	0.580	233.3	2
92.5	100kg	CPL	KEENAN	28 ENGR REGT	110.0	120.0	<del>127.5</del>	120.0	130.0	150.0	160.0	160.0	280.0	0.576	161.3	9
97.8	100kg	LCPL	WILLIAMS	7 SIG REGT	145	152.5	155	155	200	210	<del>215</del>	210	365.0	0.560	204.3	4
145.0	145.0	CPL	FRY	628 SIG TROOP	165.0	170.0	175.0	175.0	230.0	240.0	<del>245.0</del>	240.0	415.0	0.498	206.6	3

### GUEST LIFTERS

89.2	90kg	MR	SCAIFE	NAAFI	135.0	140.0	145.0	145.0	180.0	190.0	195.0	195.0	340.0	0.589	200.1	
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