



# THE ST. JOHN AND RED CROSS DEFENCE MEDICAL WELFARE SERVICE



**We are based at:**

**Each of the 5 Garrison Designated  
German Provider Hospitals**

**But wherever you find yourself in hospital,  
the DMWS Team can support you**

## **HOW WE CAN HELP**

- 24 hour personal response to crisis
- Support for single service personnel
- Daily support to you and your dependants whilst in hospital
- Practical and emotional support
- Keeping you in touch with your family or unit
- Referral to support groups
- We can listen to your worries

***DEPLOYED? DMWS ARE THERE!  
WHERE YOU GO - WE GO***



**DEFENCE MEDICAL WELFARE SERVICE  
*COUNT ON OUR SUPPORT***