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MEASLES ALERT

BFG HS is urging families travelling to European destinations this Easter to check that their children are up to date with measles, mumps and rubella (MMR) vaccination before they go.

Several countries, including France, have seen increases in cases of the virus this year.

Measles is spread by inhaling droplets released when infected people cough or sneeze. It is highly contagious and causes a range of symptoms including fever, coughing and spots on the skin.

Measles can be caught at any age, but it is most common in children, teenagers and young adults who have not been immunised.

Vaccine is routinely offered to children from 12 months old with a second dose at 3 years 3 months.

Adults who have only received one dose as a child, or missed out on MMR, may want to think about getting a vaccine now to protect themselves and particularly in households with babies under one year old who are not routinely immunised.

For more information or to book an appointment for vaccination, please call your local medical centre.

ENDS