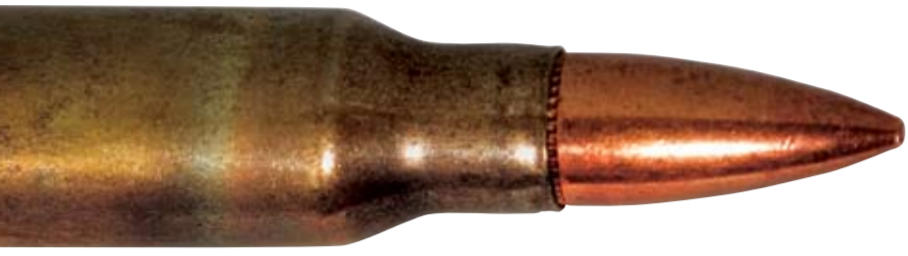




Enemy engagement



CBRN



Suicide bombers



IEDs



HIV + AIDS?

You'll face enough threats in action, so don't add HIV to the risks.

HIV is the virus that leads to AIDS.

In some of the places that you travel through, up to **98% of the prostitutes are HIV positive.**

This makes your chance of infection seriously high.

You may be prepared to risk picking up an STI, but are you prepared to risk HIV too?

So play safe, always use a condom.

HANDS ON SURVIVAL

USE A CONDOM

You can get FREE condoms from your local medical centre.

Designed by www.mammalcreate.co.uk for the Health Promotion Unit, British Forces Germany Health Service.





RPGs



Snipers



Land mines



Roadside bombs



POTL?

You've survived this lot, so why risk it all on post tour leave?
If you're prepared to risk picking up an STI, you're risking HIV too.
HIV is the virus that leads to AIDS.
AIDS related illness kills more people globally than gunfire.
So play safe, always use a condom.

HANDS ON SURVIVAL

USE A CONDOM

You can get FREE condoms from your local medical centre.

Designed by www.mammalcreate.co.uk for the Health Promotion Unit, British Forces Germany Health Service.



Dose

Clap

Crotch rot

Cupid's itch

Hooker's measles

HIV+
AIDS



Whatever you call them, STIs are no laughing matter.

Some, especially HIV, are incurable.

HIV is the virus that leads to AIDS.

If you're prepared to risk picking up an STI you risk HIV too.

So play safe – use a condom every time.

HANDS ON SURVIVAL

USE A CONDOM

You can get FREE condoms from your local medical centre.

Designed by www.mammalcreate.co.uk for the Health Promotion Unit, British Forces Germany Health Service.



Hey gorgeous!

Fancy a drink?

Come here often?

We're made for each other!

Get your coat, you've pulled!

Your test is positive



On deployment, there'll be **50 blokes to each woman**, so you'll hear all these lines and more!

Stay in control – if you have unprotected sex you expose yourself to unplanned pregnancy and STIs including HIV.

HIV is the virus that leads to AIDS.

If you play, play safe – always insist he uses a condom, or you could end up facing something you really don't want to hear.

HANDS ON SURVIVAL

USE A CONDOM

You can get FREE condoms from your local medical centre.

Designed by www.mammalcreate.co.uk for the Health Promotion Unit, British Forces Germany Health Service.



5 lagers

4 shots

3 vodkas

2 cocktails

1 stupid move



When you've got your beer goggles on you'll be less worried about who you score with.

If you expose yourself to STIs **you're risking HIV too.**

HIV is the virus that leads to AIDS.

So make sure when you've had a few and got lucky, you stay lucky – always use a condom.

HANDS ON SURVIVAL

USE A CONDOM

You can get FREE condoms from your local medical centre.

Designed by www.mammalcreate.co.uk for the Health Promotion Unit, British Forces Germany Health Service.



Webbing



Weapon



Ammo



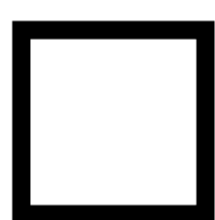
Helmet



Boots



Balls?



Whenever you check your kit, check your tackle as well.

Feel your testicles for lumps, which could be a sign of testicular cancer.

If you find one, get yourself to the doctor.

Remember time is important - **delay can make all the difference** to your chances of survival with all your equipment intact.

HANDS ON SURVIVAL

CHECK FOR LUMPS

If you find a lump go to your local medical centre immediately.

